

PERSONAL TRAINING

Please ensure when purchasing PT sessions that you obtain a registration form and receipt from reception before commencing.



Price List :

Package (10+2 session)

Staff/Dependent (2 people) ----- 1525 SAR

(1 person) ----- 1145 SAR

University Students (2 people) ----- 1525 SAR

(1 person) ----- 825 SAR

Single Session

Staff/Dependent (2 people) ----- 150 SAR

(1 person) ----- 125 SAR

University Students (2 people) ----- 150 SAR

(1 person) ----- 80 SAR

*****Valid for 6 Months *****